

# *In Vitro* and *In Vivo* Anti-Inflammatory Activity of Fucoidan from *Sargassum wightii*

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Veerichetty *et al.*: Anti-inflammatory Activity of Fucoidan Isolated from *Sargassum wightii*

Fucoidans are sulphated fucose rich heteropolysaccharides found in marine source seaweed. Fucoidan has gained interest due to its diverse biological activities. Dual inhibition of cyclooxygenase and lipoxygenase prevents shunting of the arachidonic acid metabolism sparing gastric toxicity observed with selective cyclooxygenase-2 inhibitors. The present study investigated dual inhibition potential of fucoidan extracted from *Sargassum wightii* on cyclooxygenase, lipoxygenase and its anti-inflammatory effect on carrageenan induced paw oedema. Fucoidan and diclofenac demonstrated dual inhibition towards cyclooxygenase and lipoxygenase with half-maximal inhibitory concentration of  $44.03 \pm 3.74 \mu\text{g/ml}$ ,  $34.92 \pm 5.14 \mu\text{g/ml}$  (cyclooxygenase) and  $28.26 \pm 2.06 \mu\text{g/ml}$  and  $26.54 \pm 1.37 \mu\text{g/ml}$  (lipoxygenase) in lipopolysaccharide stimulated RAW 264.7 macrophage cells respectively. Fucoidan is showing concentration dependant reduction in nitric oxide level of lipopolysaccharide stimulated RAW 264.7 cells with a half-maximal inhibitory concentration of  $17.88 \pm 2.43 \mu\text{g/ml}$  and  $17.99 \pm 3.15 \mu\text{g/ml}$  for diclofenac. Fucoidan showed suppression of lipopolysaccharide stimulated gene expression of cyclooxygenase-2 and 5-lipoxygenase in RAW 264.7 macrophage cells. Fucoidan showed  $99.62 \pm 1.69 \%$  cell viability in RAW 264.7 macrophage cells. The acute oral toxicity study of fucoidan showed no abnormal clinical signs. The fucoidan attenuated carrageenan induced increase in paw volume in Wistar rats at the tested doses of 100 mg/kg and 200 mg/kg at 60, 120 and 240 min ( $p < 0.05$ ). Results suggest that the anti-inflammatory activities of fucoidan involve attenuation of eicosanoid production.

**Key words:** Cyclooxygenase, lipoxygenase, nitric oxide, paw oedema, RAW 264.7 macrophages, fucoidan, *Sargassum wightii*

Fucoidan is a fucose rich sulphated polysaccharide present in cell wall fibrillar tissue of brown seaweed. Sulphated polysaccharides are anionic polymers that are present widely in macroalgal community. Utilization of *Sargassum wightii* (*S. wightii*) is expected to be a sustainable and easily available source conducive for extensive extraction of fucoidan. Polysaccharide based products from sea weeds were assessed from sustainability and commercial exploitation point of views by Chudasama *et al.*<sup>[1]</sup>. Studies suggest that it is multifunctional with antitumor, antidiabetic, cardioprotective, antiviral, neuroprotective and immune-modulating effects<sup>[2]</sup>. Fucoidan draws great attention due to its bioactivity, biodegradability, hydrophilicity, non-toxic and biocompatible properties. Fucoidan contains a fucose with  $\alpha$ -(1-2) or  $\alpha$ -(1-3)-linkages. It also has various amounts of other monosaccharides such as galactose, mannose,

xylose and uronic acid<sup>[3]</sup>. Sulfation is the key thing in fucoidan bioactivity<sup>[4]</sup>. Chronic inflammation is caused by the release of hormone-like substances called Prostaglandins (PGs) and Leukotrienes (LTs). Cyclooxygenase (COX) and Lipoxygenase (LOX) are primary enzymes of arachidonic acid metabolism producing eicosanoids, PGs and LTs respectively<sup>[5]</sup>. Macrophages play an important role in inflammation. Activation of macrophages by Lipopolysaccharide (LPS) results in induction arachidonic acid metabolism and production of inflammatory mediators like Nitric Oxide (NO), COX-2 and 5-LOX. The present study investigates the anti-inflammatory potential of

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fucoidan isolated from *S. wightii* *in vitro* in the cell lysate of LPS stimulated RAW macrophage cells by measuring total COX, LOX and NO. LPS component of gram-negative bacteria is recognised by Toll like receptor 4 which cleaves membrane bound arachidonic acid by action of cytoplasmic phospholipase 2. Arachidonic acid gets oxygenated *via* COX and LOX to PGs and LTs respectively. LPS co-induces expression of inducible Nitric Oxide Synthase (iNOS), COX-2 and 5-LOX in macrophages and fibroblasts accounting for the release of large quantities of NO and eicosanoids at the site of inflammation. NO is considered as a pro-inflammatory mediator that induces inflammation due to over production. The study of carrageenan induced paw oedema is an index of acute inflammation, hence a measure of anti-arthritis activity. It is biphasic with release of histamine and serotonin within 2.5 h in the first phase and release of PGs accompanied with neutrophil infiltration happens after 2-3 h in the second phase. Dual inhibition of COX and LOX prevents oxidative metabolism of arachidonic acid to eicosanoids thereby a potential target for screening anti-inflammatory activity. Dual COX and LOX inhibitors possess the advantage of preventing arachidonic acid shunt and increased leukotriene production observed with selective COX-2 inhibitors<sup>[6]</sup>. Attenuation of NO production in RAW macrophages and reduction of oedema by fucoidan substantiates it as an anti-inflammatory activity.

## MATERIALS AND METHODS

### Cell culture:

RAW 264.7 cell line was purchased from National Centre For Cell Science (NCCS), Pune and was maintained in Dulbecco's modified eagles' media (Himedia, India) supplemented with 10 % foetal bovine serum (Hi media, India) and grown to confluence at 37° at 5 % CO<sub>2</sub> in a CO<sub>2</sub> incubator.

### Experimental animals:

Female Wistar rats were procured from animal house, JSS College of Pharmacy, Ooty animal ethics committee no JSSCP/OT/IAEC/15/2020-21 for acute oral toxicity study and carrageenan induced paw oedema model. The animals were housed under the following laboratory conditions,

environment temperature of 23.4°-28.8°, relative humidity of 54 %-78 %, with a 12 h light and 12 h dark cycle. The animals were housed individually in standard polypropylene cages with paddy husk bedding and given pelleted food and drinking water in bottle.

### Seaweed collection and identification:

Seaweeds were collected from Mandapam coast, Gulf of Mannar, Tamil Nadu, India (latitude: 9°16.811' N, longitude: 79°10.503', Speed Over Ground (SOG): 0.45 knots and Course Over Ground (COG): 6°) and dried before processing for extraction. The collected seaweed (fig. 1) was identified as *S. wightii* Greville of Sargassaceae family by Botanical Survey of India, Coimbatore. Fresh algae were washed and air dried in the shade at room temperature. Dried samples were pulverized into powder and stored at room temperature.

### Extraction of fucoidan from *S. wightii*:

10 g of powdered seaweed was dissolved in 500 ml of distilled water and boiled at 85° for around 2 h and filtered. The pH of the filtrate was adjusted to 7 to increase the yield of extraction. 4 % (v/v) Trichloroacetic Acid (TCA) was added to the solution and incubated overnight at 4° and centrifuged. 1 % calcium chloride (CaCl<sub>2</sub>) was added to the supernatant and incubated overnight at 4°. Thrice the volume of absolute ethanol was added to the supernatant and incubated overnight at 4°. The precipitated polysaccharides fraction containing fucoidan was collected through centrifugation. The pellet formed was completely dried. The obtained pellet was dissolved in sterile molecular biology grade water and spray dried. Fucoidan was extracted from *S. wightii* collected from Mandapam coast using Hot Water Extraction (HWE), method as referred by in literatures<sup>[7,8]</sup>.

### Chemical elemental Carbon, Hydrogen, Sulfur and Oxygen (CHSO) analysis:

The presence of elements such as carbon, hydrogen and nitrogen content were measured by CHSO analysis (Laboratory Equipment Corporation (LECO) TruSpec Micro analyser Carbon, Hydrogen, Nitrogen, Sulfur/Oxygen (CHNS/O) analyzer. In this analysis, sulfamethazine, cystine and oxalic acid dihydrate were considered as reference.



**Fig. 1:** Collected seaweed of *S. wightii* Greville

### **Fourier Transform (FT)-Infrared (IR) and FT-Raman spectral characterization of fucoidan:**

The nano spray dried fucoidan extract was analyzed using FT-IR spectroscopy and FT Raman spectroscopy. The resulting spectra directly corresponds to the functional groups present in the structures of fucoidan. The structural characterization of fucoidan was determined by FT-IR and FT-Raman. The FT-IR and FT-Raman spectrum was measured using a Bruker model spectrophotometer.

### ***In vitro* toxicity assessment in RAW 264.7 macrophage:**

3 - ( 4 , 5 - D i m e t h y l t h i a z o l - 2 - y l ) - 2 , 5 - diphenyltetrazolium bromide (MTT) assay and microscopic observation was performed to evaluate the cytotoxic effects of fucoidan on RAW 264.7 macrophage. Initially,  $1 \times 10^4$  RAW 264.7 macrophage was seeded in each well and incubated in a CO<sub>2</sub> incubator overnight for attachment. Thereafter, cells were exposed to various concentrations of the fucoidan for 24 h. Then, 10  $\mu$ l of MTT reagent (methyltetrazolium, 1 %) was added in each well and kept in a CO<sub>2</sub> incubator for 4 h until purple formazan crystals developed. Followed by the addition of 100  $\mu$ l of MTT reagent, solubilization buffer, 10 % Sodium Dodecyl Sulfate (SDS) with 0.01 Ammonium Chloride (NHCl) and Dimethyl Sulfoxide (DMSO) the plate was incubated in a CO<sub>2</sub> incubator for 12 h after which absorbance was measured at 590 nm<sup>[9]</sup>. Cells were observed under 10X magnification in inverted phase contrast tissue culture microscope (Labomed TCM-400).

### ***In vivo* acute oral toxicity assessment of fucoidan:**

The fucoidan was administered once orally as gavage to the fasted Wistar rats at the dose volume of 10 ml/kg body weight, to deliver the dose of 2000 mg/kg body weight. The treated rats were observed five times at 30 min and four times at hourly basis for 14 d. The clinical signs were recorded every day. On 15<sup>th</sup> d, the rats were euthanized by using diethyl ether anaesthesia and necropsied. The gross necropsy findings were recorded. The body weight of rats was recorded on 1<sup>st</sup> d, 8<sup>th</sup> d and 15<sup>th</sup> d of test. Toxicity assessment was executed as per Organization for Economic Cooperation and Development (OECD) guideline 423, December 2001<sup>[10]</sup>.

### **Effect of fucoidan on COX inhibition in RAW 264.7 cells:**

LPS stimulated RAW cells were exposed with different concentration of sample and diclofenac sodium standard in varying concentration and incubated for 24 h. After incubation the anti-inflammatory assays were performed using the cell lysate. The COX activity was assayed by the method by Walker *et al.* with slight modifications<sup>[11]</sup>. The cell lysate in tris-Hydrogen Chloride (HCl) buffer (pH 8) was incubated with glutathione 5 mm/l and haemoglobin 20  $\mu$ g/l for 1 min at 25°. The reaction was initiated by the addition of arachidonic acid 200 mm/l and terminated after 20 min of incubation at 37°, by the addition of 10 % TCA in 1 N hydrochloric acid. After the centrifugal separation and the addition of 1 % thiobarbiturate, COX activity was determined by reading absorbance at 632 nm. Percentage inhibition of the COX enzyme and half-maximal Inhibitory Concentration (IC<sub>50</sub>)

value ( $\mu\text{g/ml}$ ) was calculated from the non-linear regression curve using Prism software.

#### Effect of fucoidan on LOX inhibition in RAW 264.7 cells:

RAW 264.7 cells were grown to 60 % confluence followed by activation with 1  $\mu\text{l}$  LPS (1  $\mu\text{g/ml}$ ). LPS stimulated RAW cells were exposed with different concentration of fucoidan sample and diclofenac sodium. LOX activity was determined as per Axelrod *et al.*<sup>[12]</sup>. Briefly, the reaction mixture (2 ml final volume) contained tris-HCl buffer (pH 7.4), 50  $\mu\text{l}$  of cell lysate, and 200  $\mu\text{l}$  of sodium linoleate (10 mg/ml). The LOX activity was monitored as difference in absorbance at 234 nm, which reflects the formation of 5-hydroxyeicosatetraenoic acid from linoleate. Percentage inhibition of the LOX enzyme and  $\text{IC}_{50}$  value ( $\mu\text{g/ml}$ ) was calculated from the non-linear regression curve using Prism software.

#### Effect of fucoidan on NO production in RAW 264.7 cells:

NO concentration in LPS induced RAW cell culture medium supernatant after treatment with fucoidan and diclofenac was estimated by using Griess reagent following Halonen *et al.*<sup>[13]</sup> method. Griess method is an indirect measurement of NO production that involves spectrophotometric determination of nitrite levels. The Griess reagent was prepared by adding 1:1 proportion of 1 % sulphanic acid in 5 % phosphoric acid and 0.1 % N-(1-naphthyl) ethylenediamine in distilled water. 100  $\mu\text{l}$  of appropriately diluted sample was mixed with 50  $\mu\text{l}$  of Griess reagent and diluted with 1.3 ml of distilled water. The tubes were incubated at room temperature for 30 min and the absorbance was measured at 548 nm in spectrophotometer. The molar concentration of nitrite in the samples was determined from a standard curve generated using known concentrations of sodium nitrite.  $\text{IC}_{50}$

value ( $\mu\text{g/ml}$ ) for inhibition of NO production was calculated from the non-linear regression curve using Prism software.

#### Gene expression analysis of COX and LOX:

Total Ribonucleic Acid (RNA) was extracted using Trizol from LPS induced RAW macrophage cells treated with fucoidan<sup>[14]</sup>. The total amount of RNA was measured using nanodrop. 1  $\mu\text{g}$  of the total RNA was reverse transcribed using Moloney Murine Leukemia Virus Reverse Transcriptase (M-MLV RT) (Invitrogen Life Technologies). Polymerase Chain Reaction (PCR) was performed in a final volume of 20  $\mu\text{l}$  containing 2  $\mu\text{l}$  of first strand cDNA, 0.25  $\mu\text{l}$  of Taq polymerase 3 U/ $\mu\text{l}$  and 10 pmol of primer. PCR cyclers were programmed for 35 cycles as follows; 94° for 30 s, followed by annealing at 55°-62° (primer specific, Table 1) for 45 s, and then by extension at 72° for 45 s. Primers were procured from Eurofins. After 35 cycles, the profile was linked on hold at 4°<sup>[15, 16]</sup>.

#### Assessment acute anti-inflammatory effect in paw oedema model:

Overnight fasted 24 female Wistar rats were divided into 4 groups of 6 each. Group 1 animals received vehicle as control (Carboxymethyl Cellulose (CMC) (0.5 % w/v) 10 ml/kg, post operation (p.o.). Group 2 and 3 received fucoidan at a dose of 100 and 200 mg/kg, p.o respectively. Group 4 received standard diclofenac, 10 mg/kg, p.o. All the groups received the assigned treatments 1 h before sub-plantar administration of aqueous gel of carrageenan (0.1 ml of 0.1 % w/v in saline) to right hind foot produce oedema. The effect of fucoidan on acute phase of inflammation was accessed using plethysmometer. The paw volume was measured at 0, 30, 60, 120, 180 and 240 min. The percentage inhibition at each time interval was calculated<sup>[17,18]</sup>.

**TABLE 1: PRIMERS SEQUENCES FOR GENE EXPRESSION ANALYSIS OF COX AND LOX**

Oligo name	Sequence
GAPDH forward	5'-cctttcaaggtggggaggga-3'
GAPDH reverse	5'-cgccagaccctgcacttttta-3'
COX-2 forward	5'-gaagtctttgctgctgctg-3'
COX-2 reverse	5'-gtctgctggttggaaatagttgc-3'
LOX forward	5'-gcttcgccaagatccag-3'
LOX reverse	5'-ttgcgattttctgtttcag-3'

### Statistical analysis:

*In vitro* data represented as mean±Standard Error of the Mean (SEM) and IC<sub>50</sub> calculated and analysed using Prism software. *In vivo* data represented as mean±Standard Deviation (SD) and analysed by one-way Analysis of Variance (ANOVA) followed by Dunnett's multiple comparison tests using Prism software (version 5). p values≤0.05 were considered significant.

## RESULTS AND DISCUSSION

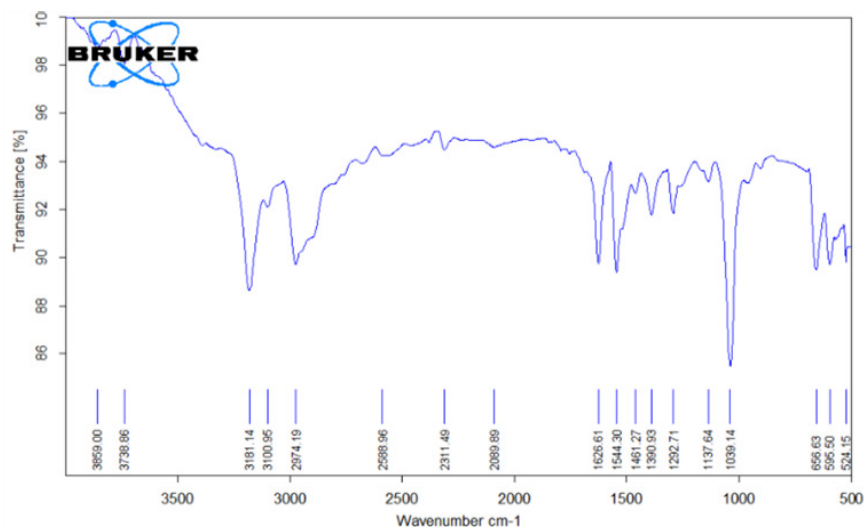
The carbon, hydrogen, sulphur and oxygen content in fucoidan *S. wightii* fucoidan extract were determined by CHNS/O elemental analyser presented in Table 2 and sulphur content varies between 0.04 %-0.2 %<sup>[19]</sup>. Fucoidan was studied using FT-IR spectroscopy with wavenumber in the range of 4000-500 cm<sup>-1</sup>. The functional groups present in fucoidan were analysed from literature<sup>[20-22]</sup> and with obtained spectra. The FT-IR Spectra and FT Raman spectra of fucoidan are shown in fig. 2 and fig. 3. Peak at 2974 cm<sup>-1</sup> was attributed to C-O and C-C stretching vibrations

of pyranose ring and peak at 1626.61 cm<sup>-1</sup> the peak was related with the carboxylic vibrations of elongation of the carboxylate anion (COO<sup>-</sup>) of pyranose rings of polysaccharides. The band at 1039 cm<sup>-1</sup> was related to the asymmetric vibration of sulphate ester group (S-O) and overtones near 2000 cm<sup>-1</sup> denoted weak sulphur oxygen stretching vibrations<sup>[23]</sup>.

The isolated fucoidan showed no *in vitro* cytotoxicity with 99.62±1.69 % in MTT cell viability assay (fig. 4). Fucoidan from *Turbinaria decurrens* showed cell viability up to 400 µg/ml which suggest minimum toxicity in IC-21 macrophages cells by Manikandan *et al.*<sup>[24]</sup>. The acute oral toxicity study of the fucoidan as per Organisation for Economic Co-operation and Development (OECD) guideline No. 423 showed no abnormal clinical signs and was classified into Globally Harmonized System (GHS) category-5 (LD 50>2000 mg/kg, body weight) in Wistar rats. Body weight changes, pre-terminal deaths and gross necropsy findings are presented in Table 3.

**TABLE 2: CHEMICAL ELEMENTAL ANALYSIS OF FUCOIDAN**

Chemical elemental analysis					
Standard (fucoidan)	S code (fucoidan)	% C	% H	% S	% O
Sulfamethazine	1.9220 mg	4.9575	2.6963	0.20283	
	1.9300 mg	5.0304	2.1857	0.04543	
Cystine	2.5030 mg	4.9206	2.7563	0.10889	
	2.5520 mg	5.1763	2.5046	0.07785	
Oxalic acid dihydrate	1.9770 mg				13.462
	2.0250 mg				12.08



**Fig. 2: FT-IR spectra of fucoidan**

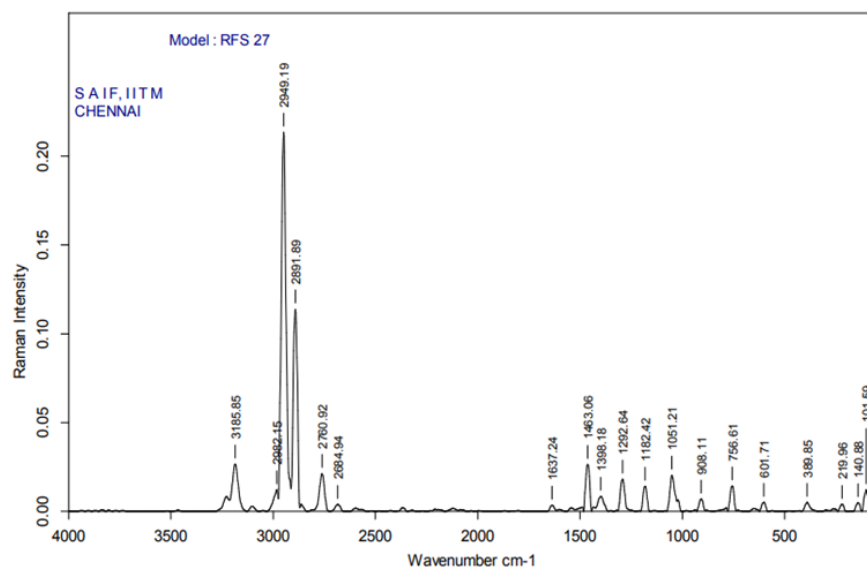


Fig. 3: FT Raman spectra of fucoidan

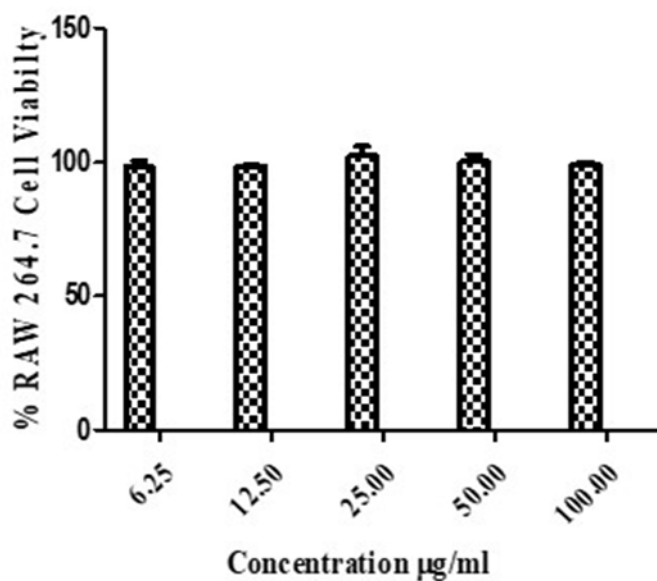


Fig. 4: Viability of RAW 264.7 cells with varying concentrations of fucoidan

Note: (▣) Fucoidan

TABLE 3: ACUTE ORAL TOXICITY STUDY OF FUCOIDAN IN WISTAR RATS

Dose (mg/kg b.wt)	Rat no.	Gender	Body weight (g)				No. of dead/no. of tested
			Initial	8 <sup>th</sup> d	Weight change (day 8-initial)	15 <sup>th</sup> d	
2000	1	Female	141	150	9	162	21
	2	Female	143	150	7	163	20
	3	Female	159	166	7	172	13
	4	Female	147	155	8	160	13
	5	Female	143	156	13	161	18
	6	Female	142	152	10	161	19

Diclofenac standard and fucoidan exhibited concentration dependent COX inhibitory activity with an  $IC_{50}$  of  $34.92 \pm 5.14 \mu\text{g/ml}$  and  $44.03 \pm 3.75 \mu\text{g/ml}$  respectively. Comparative COX percentage inhibition and dose response by fucoidan and diclofenac is shown in fig. 5. Standard non-steroidal anti-inflammatory compound, diclofenac has showed COX inhibition with an  $IC_{50}$  of  $1.155 \mu\text{g/ml}$ - $0.236 \mu\text{g/ml}$  of COX-1 and COX-2 enzyme-based assay<sup>[25]</sup>. Fucoidan from *Fucus vesiculosus* possess anti-inflammatory activity and is observed to inhibit the COX-2 enzyme with a greater selectivity over COX-1<sup>[26]</sup>.

Diclofenac standard and fucoidan exhibited concentration dependent LOX inhibitory activity with an  $IC_{50}$  of  $26.54 \pm 1.37 \mu\text{g/ml}$  and  $28.26 \pm 2.06 \mu\text{g/ml}$  respectively. Comparative LOX percentage inhibition and dose response by fucoidan and diclofenac is shown in fig. 6. New benzothioephene derivatives shows dual COX and LOX inhibition and LOX inhibitors finds potential use in inflammatory conditions like asthma and arthritis<sup>[27]</sup>. Dose dependent reduction in NO was observed in RAW macrophage cells with

the administration of different concentrations of the extract with an  $IC_{50}$  of  $17.88 \pm 2.43 \mu\text{g/ml}$  and  $17.99 \pm 3.15 \mu\text{g/ml}$  for standard diclofenac. Fig. 7 illustrates the comparative reduction of NO production, measured in  $\mu\text{mol}$ , by fucoidan and diclofenac. Fucoidan isolated from invasive brown *Sargassum horneri* was also shown to suppress NO production in LPS-activated RAW 264.7 macrophages inflammation *via* blocking Nuclear Factor kappa B (NF- $\kappa$ B) and Mitogen-Activated Protein Kinase (MAPK) pathways<sup>[27,28]</sup>.

Fucoidan extract from *S. wightii* treated LPS induced RAW macrophage cells is showed downregulation of COX and LOX gene expression related to inflammation. Fucoidan down regulated LPS-induced COX and LOX gene expression in RAW 264.7 cells and cDNA loaded in agarose gel electrophoresis and relative gene expression of COX and LOX measured using  $\Delta\Delta\text{Ct}$  method is shown in fig. 8. Fucoidan and shikonin derivatives showed downregulation of NF- $\kappa$ B MAPK pathway in inflammation through inhibition of NO in LPS induced RAW macrophages<sup>[24,29]</sup>.

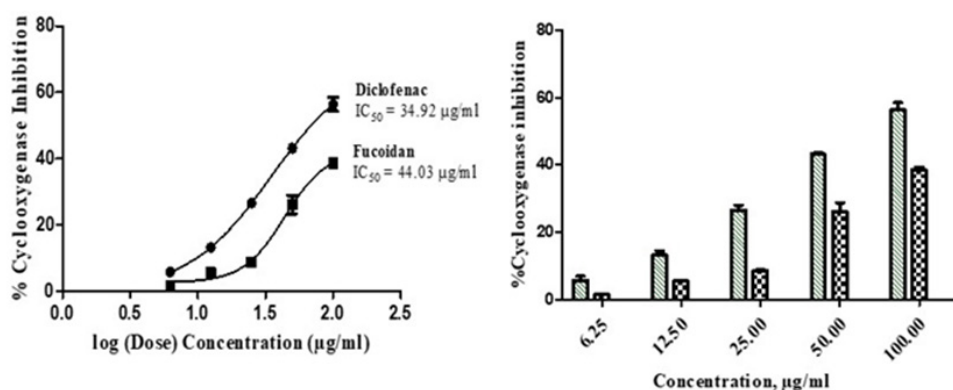


Fig. 5: COX dose response inhibition in RAW 264.7 cells by diclofenac and fucoidan

Note: (▨) Diclofenac and (▩) fucoidan

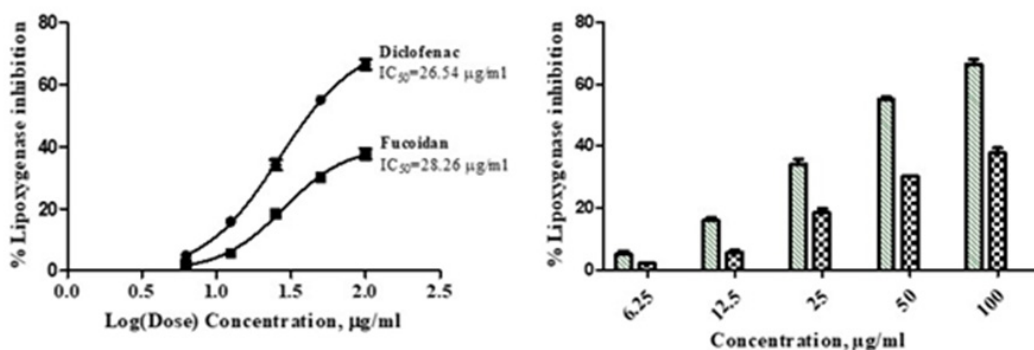


Fig. 6: LOX dose response inhibition in RAW 264.7 cells by diclofenac and fucoidan

Note: (▨) Diclofenac and (▩) fucoidan

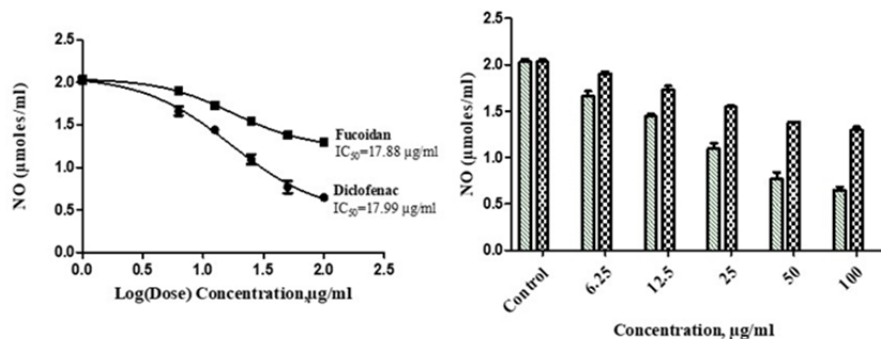


Fig. 7: NO dose response inhibition in RAW 264.7 cells by diclofenac and fucoidan

Note: (■) Diclofenac and (□) fucoida

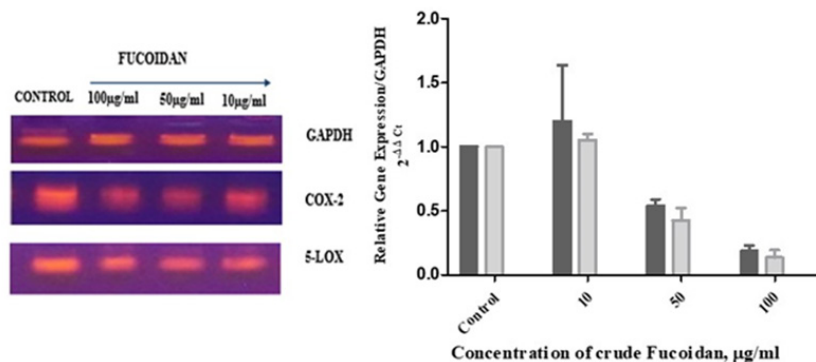


Fig. 8: Effect of fucoidan on LPS-induced COX and LOX gene expression in RAW 264.7

Note: (■) COX and (□) LOX; cDNA observed using agarose gel electrophoresis. Relative gene expression of COX and LOX measured by real time PCR

The fucoidan showed a dose dependent anti-inflammatory activity at the tested doses of 100 and 200 mg/kg against carrageenan induced paw oedema at 60, 120 and 240 min ( $p \leq 0.05$ ) comparable to standard diclofenac (10 mg/kg). The decrease in paw volume after treatment is summarized with representative images of paw edema of treatment group in Table 4 and fig. 9. Manikandan *et al.*<sup>[24]</sup> reported anti-inflammatory activity of *Turbinaria decurrens* derived fucoidan on formalin induced paw oedema in mice. Dong-Seon Kim reported jakyak-gamcho-tang's anti-inflammatory activity in Monosodium Urate (MSU)-induced mice gouty arthritis inflammation model with paw swelling volume as an index of oedema<sup>[29]</sup>. The dried fucoidan extract mixed with optimized excipients were formulated as oral tablets which followed first order *in vitro* drug release kinetics<sup>[30]</sup>. Topical application of fucoidan exerts an anti-inflammatory effect on the skin with well observed pharmacokinetic profile proposed as effective method for the treatment of atopic dermatitis, dermal burns, oral herpes and as an anticoagulant<sup>[31]</sup>. A comprehensive review highlighting the attractive biopharmaceutical properties of fucoidan with potential as

oral, nasal, topical, injectable formulations. Immunomodulatory and anti-inflammatory activity of fucoidan is well studied by acting at different stages of inflammation like blocking lymphocyte invasion, inhibition of inflammatory cascade enzymes and induction of apoptosis<sup>[32]</sup>.

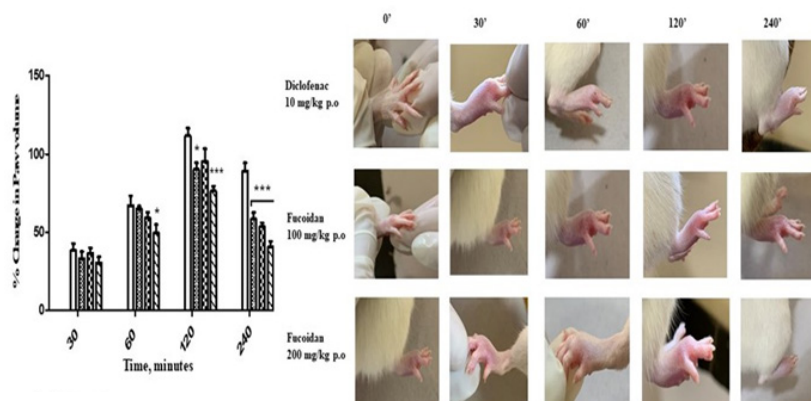
In conclusion, fucoidan extracted from *S. wightii* demonstrated dual COX and LOX inhibition *in vitro* in LPS induced RAW macrophage cells. NO production was attenuated by fucoidan. Fucoidan showed a significant dose dependent anti-inflammatory activity at tested doses and time intervals against carrageenan induced paw oedema in Wistar rats. Fucoidan showed down regulation of COX-2 and 5-LOX gene expression in LPS induced RAW 264.7 cells. The fucoidan obtained showed no cytotoxicity in RAW 264.7 cells and was classified as GHS category-5 in acute oral toxicity in Wistar rats (OECD 423). The FT-IR and FT Raman spectra obtained show the characteristic peaks of fucoidan in addition to peaks signifying the presence of other monosaccharides. This study suggests fucoidan can be used as a potent anti-inflammatory agent for acute inflammation sparing gastric mucosal toxicity and preventing arachidonic acid metabolism shunt.



**TABLE 4: MEASUREMENT OF PAW VOLUME USING PLETHYSMOMETER AT THE END OF EXPERIMENTAL PERIOD**

Treatment groups	Body weight	Paw volume (ml)					Percentage decrease in paw volume			
		0 min	30 min	60 min	120 min	240 min	30 min	60 min	120 min	240 min
Control (0.5 % CMC 10 ml/kg, p.o)	248± 19.6	1.03± 0.17	1.57± 0.12	1.9± 0.17	2.41± 0.14	2.15± 0.15	38.3± 10.81	66.95± 15.28	111.4± 12.49	88.88± 13.15
Fucoidan (100 mg/ kg, p.o)	246.4± 13.4	1.07± 0.1	1.51± 0.12	1.87± 0.05	2.16± 0.12*	1.80± 0.11*	33.18± 10.7	64.76± 4.62	90.05± 10.56*	58.33± 10.49*
Fucoidan (200 mg/ kg, p.o)	243.1± 17.6	1.05± 0.1	1.55± 0.1	1.81± 0.1	2.22± 0.22	1.74± 0.07*	36.4± 8.8	58.91± 9.03	95.17± 19.83	53.36± 6.5*
Diclofenac (10 mg/ kg, p.o)	248.7± 18.4	0.98± 0.14	1.48± 0.1	1.7± 0.14*	2.00± 0.08*	1.60± 0.09*	30.55± 9.24	49.46± 12.76*	76.16± 7.87*	40.78± 8.4*

Note: Values are mean±SD, n=6; \*: p<0.05 compared to control



**Fig. 9: Effect of fucoidan on paw volume in carrageenan induced Wistar rat paw oedema model**

Note: (□) Control, (▨) fucoidan 100 mg/kg, (▩) fucoidan 200 mg/kg and (▧) diclofenac 10 mg/kg

### Conflict of interests:

The authors declare that they have no competing interest.

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